

Fundacja Polskie Forum Migracyjne (Foundation Polish Migration Forum) came into being in 2007 in order to act for the benefit of respecting foreigners' rights in Poland. PMF takes measures for the benefit of the integration of foreigners and Poles living abroad; it also initiates and supports actions that lead to a dialogue between people of various cultures. It is a public benefit organization.

FOUNDATION CONSULTS ON THE SUBJECTS OF:

- stay legalization in Poland,
- work and employment in Poland,
- establishing a sole proprietorship and a limited liability company,
- social and health insurance (ZUS) [Social Insurance Institution],
- the labour market- how to write a cover letter and a Curriculum Vitae, how to find a better job?

WITH US, YOU CAN ARRANGE A MEETING WITH:

- a psychologist- for adults and children,
- a career counsellor,
- a lawyer,
- an advisor for development and setting up a business,
- an integrational assistant.

MOREOVER, WE ACCEPT ENROLLING IN:

- intercultural antenatal classes,
- the PMF Youth Club (13-17 years old)
- open information meetings in Warsaw, Ciechanów, Ostrołęka, and Siedlce

**DETAILED INFORMATION
AND ENROLLING:**

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www.forummigracyjne.org

www.facebook.com/PolskieForumMigracyjne

ABOUT THE PROJECT

There is a number of activities conducted for the benefit of foreigners including learning the Polish language, the organization of adaptive courses, legal and career counselling, social aid within the framework of the project „Wsparcie integracji cudzoziemców na Mazowszu” (“**Support for the integration of foreigners in Mazovia**”) run from the funds of the National Programme of the Asylum, Migration, and Integration Fund on the territory of the Mazovian Province. **All the activities within the framework of the project are free of charge.**

The Leader of the project is the Mazovian Governor, who cooperates with four partners, non-government organizations, at its implementation:

- Caritas Polska;
- Fundacją dla Somalii [Foundation for Somalia];
- Fundacją Nauki Języków Obcych „Linguae Mundi” [Foundation of Teaching Foreign Languages] “Linguae Mundi”;
- Fundacją Polskie Forum Migracyjne [Foundation Polish Migration Forum].

The project is managed by the Office for Foreigners of the Mazovian Province Office in Warsaw on the part of the Leader.

The project is implemented within the period of 1.03.2018-28.02.2021.

Detailed information on the subject of the project, the partners, and activities undertaken is available at:

www.bezpiecznaprzystan.mazowieckie.pl



The Department for Foreigners
the Mazovian Province Office in Warsaw,
ul. Marszałkowska 3/5, 00-624 Warsaw
www.mazowieckie.pl



Bezpieczna przystań

Projekt współfinansowany z Programu Krajowego Funduszu Azylu, Migracji i Integracji



UNIA EUROPEJSKA
FUNDUSZ AZYLU,
MIGRACJI I INTEGRACJI

**BEZPIECZNA
PRZYSTAŃ
MAZOWIECKIE**

Support for the
integration
of foreigners
in Mazovia

Bezpieczna przystań
Mazowieckie

<https://bezpiecznaprzystan.mazowieckie.pl/>



**CARITAS
POLSKA**

Caritas Polska is a charity of the Polish Episcopate. It was reactivated on 10 October 1990; it refers back to charitable work of Caritas before 1950. It has possessed the status of a public benefit organization since 2004. Caritas Polska coordinates the work of 44 diocesan and archdiocesan facilities of Caritas in Poland, supporting them with the implementation of their tasks.

WITHIN THE FRAMEWORK OF THE PROJECT, CARITAS POLSKA ORGANIZES:

1. Advisory points:

- Migrant Aid Centre at ul. Krakowskie Przedmieście 62 in Warsaw
- Migrant Aid Centre at al. Stanów Zjednoczonych 51 premises 315 in Warsaw
- Mobile Migrant Aid Centre at ul. Jana Pawła II 24 in Grójec

2. Support of an integration advisor and help of a cultural consultant

3. Social and welfare aid (the refund of purchasing medicines, clothes, medical treatments, flat rent; the distribution of sanitary parcels)

4. Dance classes within the framework of the group Masovian Inter Dance Folk

5. Integrational camps for children and youth



**FUNDACJA
DLA SOMALII**
[FOUNDATION FOR SOMALIA]

Fundacja dla Somalii is a non-government organization established in 2007 and created by migrants and Poles who act together for the benefit of promoting intercultural dialogue and migrants' integration with the host society. Most of all, it focuses on supporting migrants in everyday life and professional activation as well as on promoting cultural diversity.

WITHIN THE FRAMEWORK OF THE PROJECT, THE FOUNDATION RUNS:

1. Legal counselling

- individual meetings requiring enrolling.

2. Career counselling

- individual meetings requiring enrolling.

3. Psychological counselling

- an individual session requiring enrolling.

4. Support of intercultural assistants

- every day within the working hours of the Foundation.

5. A course of the Polish language

- enrolment possible only in the course of recruitment.

6. Intercultural workshops for schools

- the offer directed to the teachers and heads of primary and secondary schools.

7. The basics of entrepreneurship

- trainings on setting up and running a business.

8. The basics of living in Poland

- information sessions regarding various aspects of life in Poland.



**FUNDACJA
LINGVAE MUNDI**
[LINGVAE MUNDI FOUNDATION]

Fundacja Linguae Mundi (from Latin: the languages of the world) is a non-government social institution in which 19 foreign languages and the Polish language as a foreign/second language have been taught for 19 years.

The Foundation prepares foreigners (children, youth, and adults) for linguistic and cultural integration, and professional activation.

It is the Examination Centre of Certification for the Polish Language as a Foreign Language.

WE OFFER:

1. Free courses of the Polish language:

- for adults (A0-C2) – general and for special purposes
- for children and youth (with the elements of Poland's culture and history)

2. Free courses preparing for an examination in the Polish language and a free participation in the examination for the beneficiaries attending a preparatory course

3. Free Adaption Courses- workshops and lectures: stay legalization, a work permit, residence, insurance, labour market, a child's education in the Polish school.

**CONTACT
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www.migranci-mazowsze.caritas.pl
(the project's Internet website at Caritas Polska)

**VISIT US AND MAKE
USE OF OUR HELP!**

+48 22 658 04 87

www.fds.org.pl

www.facebook.com/FundacjaDlaSomalii

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Monday-Thursday, 10 am-8 pm

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